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FEBRUARY 2012

People **STYLE WATCH**

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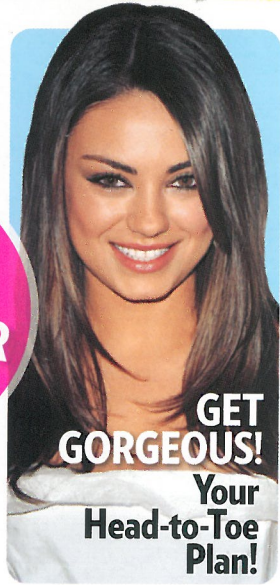
Pretty Dresses

Cute Jewelry

Carrie's Fun & Flirty Style!
p.20

SHOP CELEB LOOKS FOR LESS!

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DISPLAY UNTIL February 10, 2012

10 Easy Beauty

Now's the time to update your look! Whether you want great skin, supershiny hair or new makeup, try our pro tips and product picks

1 Take better care of your skin!

Three key products can make a big difference for everyone

Try an exfoliator It's the fastest way to get your skin glowing! Choose a gentle scrub with small, round beads and use it once or twice a week, says N.Y.C. dermatologist Dr. Adam Geyer.

Use a mask There's a formula for every skin concern from dryness to acne. Most just need to be left on for 10 minutes—it's like a mini facial!

Wear eye cream Go for a light formula that addresses the three major issues—puffiness, dark circles and fine lines.



From Left:

SkinCeuticals Micro-Exfoliating Scrub, \$28; skinceuticals.com; **Aesop** Primrose Facial Cleansing Masque, \$47; aesop.com; **RoC** Multi Correxion Nourish Stress Repair Eye Cream, \$24.99; at drugstores

Get your best complexion!

Follow a skin-care routine to stay radiant like Camilla Belle.

RESOLUTIONS

2 Make your mani more fun!

Update your nails with a cool polish combo or decal



DIY DESIGNS!

Go for one of nail expert Jin Soon Choi's ideas

Iridescent sparkles

Apply navy polish, then top with a mix of sparkly and shimmery layers.

CND Nail Colour in Inkwell (navy), \$9; Shimmer Effect in Gold, and Sparkle Effect in Raspberry, Sapphire and Amethyst (shimmer and sparkle), \$11 each; cnd.com for info

Metallic stripe

Paint nails black, then draw a line of metallic red down the center with a polish pen.

Revlon Nail Enamel in Black Lingerie (black), \$4.79; at drugstores
Sally Hansen Color Quick Chrome Nail Color Pen in Chrome Red (red), \$7.99; at drugstores

Edgy reverse-French

Use a dark gray base coat, then trace your cuticle with silver polish.

Joe Fresh Nail Polish in Deep Periwinkle (dark gray), \$4; 212-366-0960
Sonia Kashuk Nail Colour in Smoke & Mirrors (silver), \$4.99; target.com



STICK-ON PATTERNS!

Apply one of these quick and easy designs

From Left: Sephora Nail Bling in Gold Bubbles, \$7; Sephora, 877-737-4672; sephora.com; **Butter London** Nail Skins in Wallpaper, \$10; butterlondon.com; **Art Club by Color Club** Glam Nail Decal in Black, White & Bling, \$4; shopcolorclub.com

3 Freshen up your hair color!

A sheer, semi-permanent shade will brighten and add shine to colored or highlighted hair, says celeb colorist Michael Canalé. It'll also stretch time between salon visits!

Clairol Professional
Jazzing semi-permanent hair color (shown in Spiced Cognac), \$5.99; sallybeauty.com



4 Experiment with colorful eyeliner!

Break out of your beauty rut with a bold liner! Try aqua, green or purple on your upper lashlines



Chloë Moretz

From Top: **Hard Candy** Stay in Line Mechanical Eyeliner/Smudger in Santorini, \$5; walmart.com; **Physicians Formula** Shimmer Strips Kohl Kajal Eyeliner Trio in Green Eyes (comes with three different shades), \$10.95; at drugstores; **Nars** Larger than Life Long-Wear Eyeliner in St. Marks Place, \$23; narscosmetics.com

8 Try one of these celebs' resolutions!

Get inspired by what they'll be doing to look their best



“I want to eat more raw foods and drink green smoothies.”
Stacy Keibler



“I'll be washing my face every night, no matter what time it is!”
Emma Roberts

“I'll wear sunscreen, drink lots of water and moisturize more.”
Molly Sims



9 Get your hair extra soft and shiny!

Nourish strands at home with this two-step weekly treatment

First apply a hair mask Massage it through just-shampooed hair and put on a shower cap, then wrap your head in a warm damp towel. Leave it on for at least 30 minutes, then rinse hair, says Labrecque.

Then use a hydrating conditioner Give your ends extra attention with a shea butter-enriched conditioner, then rinse again.



pro pick!

L'Oréal Paris EverSleek Smoothing Deep Conditioner (hair mask), \$8.99; at drugstores



Wella Professionals Enrich Moisturizing Conditioner for Coarse Hair, \$14; wella.com for salons

10 Add superfoods to your diet!

Feel healthy from the inside out by eating these good-for-you picks

Mix spinach into your salad Vitamin A and beta carotene keep skin supple, says integrative physician Dr. Frank Lipman.

Add berries to yogurt They're rich in vitamin C, which promotes collagen production.

Snack on walnuts Essential fatty acid helps brighten and hydrate, says Dr. Lipman.

