

InStyle

350 pages!

DO THEY REALLY WORK?

20 BEAUTY PRODUCTS PUT TO THE TEST

WAKE UP YOUR JEANS

BEST PICKS EVERY TREND! EVERY SHAPE!

KATE WINSLET!
ON FAME, FASHION & MEN

WARDROBE ALL-STARS

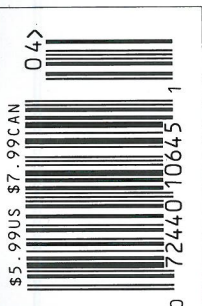
THE 9 PIECES EVERY WOMAN NEEDS NOW

10 WAYS TO ERASE 5 YEARS

THE COLOR ISSUE!

127 FUN IDEAS TO REFRESH YOUR LOOK, MAKEUP & HOME

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InStyle

10 WAYS TO

Take Off 5 Years



Giorgio Armani Flash Lacquer in 512, \$30; giorgioarmani-beauty-usa.com.

Aveda Nourish-Mint Rehydrating Lip Glaze in Pink Hibiscus, \$18; aveda.com.

Plump It Up

Even the fullest lips lose volume as we age (that goes for Angelina's too). And dark, matte lipsticks only draw attention to the deflation. For an instant boost, try a glossy, ombré pink pout. Line and fill in lips with a darker pink, then apply a lighter pink to the center. "It's like contouring, but for lips," says makeup artist Jennifer Streicher. "Just be sure to blend well so the colors melt together."



Jergens BB Hand Perfecting Hand Cream with Sunscreen, \$7; at drugstores.

Treat Spots

Leopard hands? Not the greatest look. Opt for a hand cream, like the new Jergens BB, which has optical diffusers to impart a soft warmth to skin and make spots less apparent. Bonus: It contains sunscreen to help prevent more dark patches from developing. Use a retinol cream twice a week to smooth skin for the long haul.



3

Blur the Bags

To reverse under-eye baggage, take a chill pill: Sephora's Cooling Undereye Gel Patches (\$10; sephora.com) temporarily reduce puff thanks to their chilly blood-vessel-constricting temps.

For long-term results, N.Y.C. doctor of integrative medicine Frank Lipman says to catch up on z's. "It gives your mind and body time to repair." To find out whether you're close to getting optimal slumber, hit the sack with a monitor like this one.

Basis Peak Fitness and Sleep Tracker, \$200; mybasis.com.



JENNIFER LOPEZ

4

Boost Your Brows

Overly plucked eyebrows can spin the clock forward, says makeup artist Pati Dubroff. To return them to their thicker, straighter shape ("before anyone got tweezer-happy"), fill in gaps with a soft brow pencil that matches your hair color. Then use a spoolie with brow gel to comb hairs slightly upward to seal and keep them in place. Hard Candy Brows Now Fiberized Brow Gel and Highlighter Duo, \$6; at Walmart.

5

Fake a Face-Lift

Just like the rest of your skin, cheeks sag (a bit) as you age. So instead of applying blush to the apples, sweep a sheer pink or coral powder from the tops of the cheekbones upward toward your hairline, says makeup artist Sandy Linter. "It's a subtle way to brighten the skin and add a little lift."



Nars Dual-Intensity Blush in Panic, \$45; at Sephora.